Interstitial Cystitis Symptoms Index (ICSI)

During the past month:

How often have you felt the strong need to urinate with little or no warning:

- 0. Not at all
- 1___Less than 1 time in 5
- 2. Less than half the time
- 3. <u>About half the time</u>
- 4. ___More than half the time
- 5. <u>Almost always</u>

Have you had to urinate less than 2 hours after you finished urinating?

- 0. Not at all
- 1___Less than 1 time in 5
- 2. Less than half the time
- 3. <u>About half the time</u>
- 4. More than half the time
- 5. <u>Almost always</u>

How often did you most typically get up at night to urinate?

- 0. <u>Not at all</u>
- 1. Once per night
- 2. 2 times per night
- 3. 3 times per night
- 4. 4 times per night
- 5.___5 or more times per night

Have you experienced pain or burning in your bladder?

- 0. <u>Not at all</u>
- 1. A few times
- 2. Fairly often
- 3. Usually
- 4. ___Almost always

Add the numerical values of the checked entries:

Total score

Interstitial Cystitis Problem Index (ICPI)

During the past month:

How much has each of the following been a problem for you.

Frequent urination during the day?

- 0. No problem
- 1. Very small problem
- 2. ___Small problem
- 3. ___Medium problem
- 4. Big problem

Getting up at night to urinate?

- 0. No problem
- 1. ____Very small problem
- 2. __Small problem
- 3. Medium problem
- 4. Big problem

Need to urinate with little warning?

- 0. <u>No problem</u>
- 1. ____Very small problem
- 2. ___Small problem
- 3. <u>Medium problem</u>
- 4. Big problem

Burning, pain, discomfort, or pressure in your bladder?

- 0. No problem
- 1. ___Very small problem
- 2. <u>Small problem</u>
- 3. <u>Medium problem</u>
- 4. ___Big problem

Add the numerical values of the checked entries:

Total score

Reference

Sirinian E, Azevedo K, Payne CK. Correlation between 2 interstitial cystitis symptom instruments. J Urol 2005;173:835-40.